

The Sedgeford Historical and Archaeological Research Project



Staying on Camp

Arrival

Saturday is our arrivals day for those camping, this is so that we can start work on Sunday. Please aim to arrive between 3pm and 5.30pm on the Saturday of your week. Saturday mornings is the teams main day off, and although there will always be someone on duty to greet newcomers. It would be helpful if you need to arrive at a time outside this, to please let us know in advance.

If you need help putting up a tent please let the person on meet and greet know, and they will either assist or find someone that can.

For those arriving by public transport, we can't arrange lifts from the station at Kings Lynn, but we do provide lifts from a more local bus stop in Heacham, see travel information provided. Please let us know if you are coming by public transport, and we can provide you with contact details for the day.

The campsite and its facilities

The following facilities are provided for those staying on-site.

- Breakfast and lunch on site (except Saturdays). Occasionally the catering team will offer to do a fry up on the Saturday, as this is not normally included in the price we do charge for this when it happens.
- Tea, coffee and squash at tea breaks (except Saturdays).
- 2-course evening meal (for those camping and on full subsistence only)
If staying off site evening meals can be booked and paid as required
- Campsite drinking water supply
- Campsite toilets and showering facilities.
- On-site shelter in a large marquee
- Free on-site phone charging, please limit the number of devices you bring.

There is no shop in Sedgeford. However, snacks and fizzy drinks can be bought at tea breaks from our tuck shop. The closest cash machines and shops are available in Heacham, Snettisham, Hunstanton or King's Lynn.

Most mobile networks can now get a full signal on site due to the introduction of a mast in the village. We do not have public wifi on site (yet), although wifi is available in the pub. If you need wifi during your stay, the nearby mast provides excellent signal for all networks, therefore you may wish to purchase a larger data package before arriving.

SHARP does have washing machine/drier on-site, however due to water storage issues the use of this is limited to those staying more than 2 weeks. If there is an emergency however, please let a team member know.

What to bring

As you will be camping with us this is the list of items you should bring with you.

	Small tent – 2 man would do – it should not be too small as you need to get yourself and your belongs inside it. If you need to bring a bigger tent please let us know prior to arriving on site so we can factor this in. Please make sure the tent can survive all elements, single skinned cheap event tents are rarely suitable for a week on site.
	Sleeping bag – preferably a 4 seasons one. Consider bringing an extra fleece or blanket as it does get very cold at night. We have blankets on site to borrow (for a deposit, first come first served).
	Inflatable mattress or sleeping mat
	Warm jumpers and coat
	Electric torch or two
	An alarm clock
	Plate and bowl
	Cutlery
	Cup/mug
	Tea towel
	Appropriate clothing for all weathers
	Decent footwear – the field has areas that have nettles so sandals are worn at your own risk
	Insect repellent – we are close to a river so get mosquitos
	Sun cream – there is little shelter on the site
	Hat

If you are travelling long distances or coming by public transport, or don't have a suitable tent let us know. SHARP has a supply of new 2-man tents that are available to hire out to volunteers. For a one week hire we charge £20, this will include an airbed, extra blanket (although we suggest you bring your own sleeping bad) and can also include cutlery/plate/bowl. This payment goes into a fund to replace these tents when needed. If you would like to hire a tent from SHARP please contact bookings so we can assign the tent to you, we have a limited number of tents available.

Items left behind

If during your stay on site you tent leaks or is damaged, we will do our best to find a replacement, from our supply of old tents for the remainder of your stay, however this cannot be guaranteed (so please check your tents are suitable before arriving). Tents that are in good condition can be donated to SHARP, however as storage space is restricted before a donation will be accepted a visual inspection of the tent is necessary. We don't accept tents for parts.

As we are charged for each skip hired, and people in the past have abandoned tents or large bulky items meaning we have had to hire more skips, there will be a charge for anyone leaving large bulky items on site for SHARP to dispose of.

Any small or personal items left behind will be stored at SHARP out of season. If you think you have left something behind, please get in touch via bookings asap, and we will ensure it is returned to you (although for bulky heavy items we may ask for a donation towards postage costs). Any items left behind the previous season will be available to collect during the next season, however after this time items may be disposed of to save on storage space.

Some specific rules for the campsite

Fire

There is an absolute ban on smoking on and around the campsite including in your own tent. No smoking is allowed around the campsite due to risk of fire near tents. Smokers must use the designated smoking area and be aware of the risk of fire on the site. All cigarettes must be extinguished in the containers provided in the smoking area.

Please do not bring any candles or lamps with a naked flame. Hot water is available in the marquee for most of the day and evening, so there is also no need for any cooking stoves.

Curfew

Noise should be kept to a minimum always. But please be extra considerate in the evenings and if returning to the site late. People will be working hard, and some will need a good night's sleep. At 10pm noise should be kept to a minimum on the campsite itself, and with no noise after 11pm. The only exception is Friday evening where the party continues until 11pm, after this there should be no noise on site.

Alcohol on site

As we are a working archaeological site, we have to ensure everyone are fit to work within our safety guidelines, and not under the influence of drink/drugs. While we do not want to restrict people from having a pint or two in an evening to wind down, however any excessive drinking will be called out and if someone is hungover on site we will be forced to take action. The exception is Friday nights, as Saturday is not a working day.

We also ask that those under 18 do not drink while with us, or order alcohol from the local pub (who we advise ask for ID). We ask that parents/guardians please refrain from providing alcohol for those under 18. We also ask that volunteers refrain from buying alcohol for others while at the site, so that we can ensure that those under 18 are protected.

General tidiness

Please put rubbish in the bins provided. We are guests of the Campbells who's land we use for the campsite, so we need to keep it as clean and tidy as possible.